

2018 LUNCH ORDER MENU

~ Wednesdays ~
Starting 30/5/2018

SANDWICHES

White, whole meal, wholegrain or wrap –
(please indicate preference)

*Premium leg ham	\$3.50
*Fresh free-range chicken	\$3.50
*Prime roast beef	\$3.50
*Tuna	\$3.00
*Egg	\$3.00
*Vegemite (V)	\$2.00
Toasted extra	.50
Rolls extra	.50
Salad (lettuce, tomato, cucumber)	\$1.00
Beetroot, pineapple, avocado, mayo	.50

SUSHI

*Chicken	
*Salmon	
*Vegetarian (V) with soy sauce	\$4.00

HOT FOOD

Hot whole meal bread rolls:

*Hot bacon and egg roll	\$4.50
*Hot chicken and gravy roll	\$4.50
*Hot beef and gravy roll	\$4.50

Homemade soups with a whole meal roll

*Pumpkin or Vegetable (V)	\$4.00
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Chicken schnitzel burger \$5.50
With lettuce and mayonnaise

Hamburger with lettuce, cheese and tomato
sauce \$5.00

Skinless, low fat hotdog with sauce \$4.00
Add \$0.50 each for cheese, bacon, onion.

Homemade individual pizza on a tomato
sauced base - \$4.50

- *Chicken, pineapple and cheese.
- *Hawaiian – ham, pineapple and cheese
- *Meat lovers – ham, salami, chicken and
cheese
- *Vegetarian – seasonal fresh vegetables and
cheese (V)

Hot Chicken curry with rice \$5.00

Beef lasagna-homemade beef bolognese &
béchamel sauce layered between pasta and
topped with cheese \$5.00

Penne bolognese \$4.00

Macaroni cheese (V) \$4.50

Lamb souvlaki leg lamb, lettuce, tomato,
cucumber & garlic yoghurt \$6.00

Hot potato with sour cream & cheese \$4.00

*Bacon add .50
*Salsa add .50

Mini home-made sausage roll \$2.00

Mini home-made pie & tomato sauce \$2.00

Corncob & butter pat (V) \$1.50

SNACKS

Popcorn \$1.20

Gingerbread man \$2.00

Low-fat ANZAC biscuit \$2.00

Frozen orange juice cruncher \$2.00

Cheese cubes and Jatz biscuits \$1.50

DRINKS

Flavoured milk (300ml) \$3.00

*Chocolate

*Strawberry

*Vanilla Malt

Fresh fruit juice (300ml) \$2.50

*Apple

*Orange

*Apple & Blackcurrant

Flavoured mineral water (350ml) \$2.50

*Lemonade

*Orange

*Lemon-lime

**Where possible please write child's
name, grade & school & order on a paper
bag with correct money inside.**

Thank you.